



10-8 Fit Class Schedule
January

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10-8 Fit Alex 4:30am	10-8 Fit Maria 5:00pm	10-8 Fit Alex 4:30am	10-8 Fit Maria 5:00pm	10-8 Fit Alex 4:30am	
10-8 Fit Alex 5:30am	10-8 Fit Maria 6:00pm	10-8 Fit Alex 5:30am	10-8 Fit Maria 6:00pm	10-8 Fit Alex 5:30am	
10-8 Fit Billy 12:00pm	Powerlifting Jon 7pm	10-8 Fit Billy 12:00pm	Powerlifting Jon 7pm	10-8 Fit Billy 12:00pm	
Cardio Kick Tammy 5:30pm					

All members who wish to participate in these classes, MUST pay an additional \$10 per person, per month.

All non-members who wish to participate in these classes, MUST pay \$25 per person, per month.

Dues can be automatically drafted or paid at the front desk at the Central City Convention Center or the 10-8 Fit Building.